

22 | 10 | 09

This is to certify that

BOŽENA-BONNIE RYCKOVA

has met the standards of the
European Institute of Fitness for the award of

MASTER TRAINER

and hereby qualifies with a

DIPLOMA IN PERSONAL TRAINING

This certificate enables Level 3 PT registration with REPs UK
and the European Health and Fitness Association (EHFA)

Certified Master Trainer including accreditation in:

Gym Instruction
Circuits
Personal Training

Specialist PT Certification in:

Nutrition & Weight Management
Clinical Exercise / Exercise Referral
Strength & Sports Conditioning
Lifestyle Management
Functional Training and Core Stability
PT Business (including separate EHFA/REPs registration in Sales and Marketing)



On behalf of
EHFA
Jean Ann Marnoch
Executive Director, CYQ

On behalf of
European Institute of Fitness
Angela Francis
Director/iManager

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